

Brentwood SeaWolves

...Swim with the pack!



SeaWolves News . . .

Practice with Coach Craig Carson, of Carson Swim School and Head Coach of Heritage High School Swim Team, on Monday's 6:30-7:15pm! How? Sign up for any of the March Madness groups that include Monday practices.

Spring Jr Polo & March Madness Start Monday!

Spring Junior Water Polo Programs

The 2010 SeaWolves Spring Junior Water Polo Program will be starting soon!

Coach Tony Bianucci is looking forward to the SeaWolves 1st Spring Junior Water Polo season! The Spring Junior Water Polo program is for those who want to learn about the sport of water polo, develop new skills and perhaps enhance their current skill level. *Spring Polo Plus+* will provide the essential swimming and conditioning skills necessary to be successful at all levels of water polo. All participants 4th-8th grade boys & girls are welcome (groups/teams are coed). Registration form is attached and available upon request. Please email requests to info@brentwoodseawolves.com.

Practices

The programs will run between February 16th - May 6th at the Heritage High School Pool, practice days and times listed below.

Programs

Spring Polo (March 1st - May 6th) - \$170*

March Practices; 6:00-7:30pm

April Practices; 7:00-8:30pm

May 1st - 6th Practices; TBA

Spring Polo Plus+ (February 16th - May 6th) - \$205*

February 16th - 25th; 6:30-7:30pm polo conditioning

In addition to the above Spring Junior Water Polo Program practice schedule.

**Please note: Program fees do not include membership fees for USA Water Polo and depending on registration; additional fees may be required for tournament participation.*

Discounts and Payment Plans

Registration is FREE for SeaWolves year round swimming but please still turn in the first 2-pages for registration. Payment plans available upon request. For registration information please call the wolf line at 240-7444 or email questions to info@brentwoodseawolves.com.

MARCH MADNESS - 2010 Summer Rec Swimming Kickoff!

Kickoff the 2010 summer recreational swim season with the SeaWolves March Madness! This highly instructional clinic is designed to improve the swimmer's technique. The focus is on stroke drills, stroke improvement and turn efficiency. All summer recreational swimmers are welcome! Practices are Monday 6:30-7:15pm with Coach Craig Carson and Tuesday - Thursday 7:30-8:15pm at the Heritage High School pool. Space is limited, so register early!

March 1st - March 31st -

March Madness (Mon - Thur) - \$225

Group A (Mon & Wed) - \$135
Group B (Tues & Thur) - \$125

Session I (March 1st - March 11th) -

Session I (Mon - Thur) - \$115
Group A (Mon & Wed) - \$75
Group B (Tues & Thur) - \$75

Session II (March 15th - March 31st) -

Session II (Mon - Thur) - \$145
Group A (Mon & Wed) - \$95
Group B (Tues & Thur) - \$85

Payment plans available upon request.

Sign up soon as space is limited!

**For more detailed information please call the wolf line at 240-7444 or visit the website at www.brentwoodseawolves.com.
Email info@brentwoodseawolves.com for registration questions.**

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